

# Klets

## Day 1

ALL controls must be visited in ANY order.

Check code numbers to avoid disqualification.

Distance	29.3 Km	Height	1725 m
Control	Grid Reference	Description	Close
100	317 056	Start Day 1	
154	241 093	Tarn West Side	
149	257 117	Re-entrant	
165	268 096	Stream Junction 375m	
106	273 076	Knoll	
122	289 129	Knoll High Saddle	
159	296 075	Marsh East Side	
126	296 100	Sheepfold North West Pen	
164	297 121	Re-entrant	
139	298 091	Sheepfold	
131	308 074	Knoll	
137	311 129	Sheepfold South Pen	
110	313 118	Bridge	
158	316 087	Knoll	
102	322 127	Finish Day 1	

Course closes at 20:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

# Klets

## Day 2

ALL controls must be visited in ANY order.

Check code numbers to avoid disqualification.

Distance	20.7 Km	Height	1350 m
Control	Grid Reference	Description	Close
101	318 125	Start Day 2	
124	259 047	Stream Junction	
156	259 060	Tarn North Most	
141	270 058	Crag Foot	
113	286 091	Tarn North East Most	
169	305 041	Ruin	
109	307 111	Tarn Edge SW Corner	
151	311 116	Spur 375m	
130	312 041	Gate/ Stile	
167	315 101	Knoll (middle of three)	
155	322 117	Summit (Dunmail Raise)	
<b>Follow tapes 1Km to finish at Event Centre</b>			
103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours

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# Scafell

## Day 1

All controls must be visited in the order given.

Check code numbers to avoid disqualification.

Distance	29.7 Km	Height	1965 m	
Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	158	316 087	Knoll	
2	159	296 075	Marsh East Side	
3	160	238 060	Ruin	
4	161	207 078	Marsh North End	
5	162	215 091	Stream Junction	
6	163	234 084	Gully/ Stream Source	
7	121	269 085	Stream Junction	
8	132	283 112	Crag Top	
9	164	297 121	Re-entrant	
10	110	313 118	Bridge	
	102	322 127	Finish Day 1	

Course closes at 20:00 hours

# Scafell

## Day 2

All controls must be visited in the order given.

Check code numbers to avoid disqualification.

Distance	18.5 Km	Height	1305 m	
Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	170	311 109	Boulder	
2	116	293 096	Tarn East Side	11:00
3	165	268 096	Stream Junction 375m	12:15
4	166	251 069	Sheepfold	13:45
5	125	260 057	Stream/ Gill 450m	
6	124	259 047	Stream Junction	
7	168	278 047	Knoll	15:00
8	169	305 041	Ruin	
9	130	312 041	Gate/ Stile	
<b>Follow tapes 1000 m to Finish at</b>				
	103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours

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## Bowfell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 23.7 Km Height 1640 m

Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	152	323 068	Re-entrant 330m	
2	153	303 099	Stream Bend North Most	
3	154	241 093	Tarn West Side	
4	134	258 116	Knoll Foot North Side	
5	150	288 110	Tarn North West Most	
6	122	289 129	Knoll High Saddle	
7	137	311 129	Sheepfold South Pen	
8	110	313 118	Bridge	
9	102	322 127	Finish Day 1	

Course closes at 20:00 hours

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## Bowfell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 20.1 Km Height 1180 m

Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	155	322 117	Summit (Dunmail Raise)	
2	167	315 101	Knoll (middle of three)	
3	159	296 075	Marsh East Side	11:00
4	165	268 096	Stream Junction 375m	12:15
5	156	259 060	Tarn North Most	
6	157	278 048	Tarn	15:00
7	142	298 051	Re-entrant	
8	143	303 048	Knoll Summit South Side	
9	146	310 040	Ruin East Most	
Follow tapes 1000 m to Finish at				
	103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Kirkfell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 21.0 Km Height 1395 m

Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	145	319 069	Knoll	
2	159	296 075	Marsh East Side	
3	147	248 066	Knoll on Spur	
4	148	248 096	Stream Junction	
5	149	257 117	Re-entrant	
6	150	288 110	Tarn North West Most	
7	151	311 116	Spur 375m	
8	110	313 118	Bridge	
9	102	322 127	Finish Day 1	

Course closes at 20:00 hours

## Kirkfell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 18.7 Km Height 1260 m

Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	111	305 122	Knoll Summit East Side	10:45
2	132	283 112	Crag Top	10:45
3	139	298 091	Sheepfold	11:30
4	125	260 057	Stream/ Gill 450m	
5	124	259 047	Stream Junction	
6	157	278 048	Tarn	15:00
7	169	305 041	Ruin	
8	130	312 041	Gate/ Stile	
Follow tapes 1000 m to Finish at				
	103	314 050	Finish Day 2 – Event Centre	

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## Carrock Fell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 18.8 Km Height 1080 m

Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	131	308 074	Knoll	
2	144	283 080	Stream Source	
3	148	248 096	Stream Junction	
4	134	258 116	Knoll Foot North Side	
5	135	266 112	Stream Bend East Side	
6	136	301 133	Knoll Northmost	
7	110	313 118	Bridge	
8	102	322 127	Finish Day 1	

Course closes at 20:00 hours  
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## Carrock Fell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 18.3 Km Height 1090 m

Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	137	311 129	Sheepfold South Pen	10:00
2	138	301 120	Middle Tarn	10:45
3	139	298 091	Sheepfold	11:30
4	166	251 069	Sheepfold	13:45
5	141	270 058	Crag Foot	14:45
6	142	298 051	Re-entrant	
7	143	303 048	Knoll Summit South Side	
8	169	305 041	Ruin	
9	130	312 041	Gate/ Stile	
Follow tapes 1000 m to Finish at				
	103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours  
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## Harter Fell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 16.5 Km Height 885 m

Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	119	306 090	Stream at 315m	
2	120	297 086	Knoll Belles Knot	
3	121	269 085	Stream Junction	
4	122	289 129	Knoll High Saddle	
5	123	297 133	Knoll	
6	110	313 118	Bridge	
7	102	322 127	Finish Day 1	

Course closes at 20:00 hours  
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## Harter Fell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 15.2 Km Height 950 m

Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	109	307 111	Tarn Edge SW Corner	
2	126	296 100	Sheepfold North West Pen	11:00
3	127	267 091	Stream Junction	12:00
4	141	270 058	Crag Foot	14:45
5	129	288 047	Knoll South End	
6	130	312 041	Gate/ Stile	
Follow tapes 1000 m to Finish at				
	103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours

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## Wansfell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 14.4 Km Height 735 m

Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	104	316 072	Ruin	
2	105	287 078	Tarn N Side	
3	106	273 076	Knoll	
4	107	267 089	Tarn	
5	108	279 104	Crag W End	
6	109	307 111	Tarn Edge SW Corner	
7	110	313 118	Bridge	
8	102	322 127	Finish Day 1	

Course closes at 20:00 hours

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## Wansfell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 16.1 Km Height 915 m

Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	111	305 122	Knoll Summit East Side	10:45
2	112	286 107	Knoll	11:15
3	113	286 091	Tarn North East Most	12:00
4	114	260 073	Stream Bend	13:00
5	115	275 056	Track Junction	14:45
6	117	301 050	Lingmoor Tarn South End	
7	169	305 041	Ruin	
8	130	312 041	Gate/ Stile	
Follow tapes 1000 m to Finish at				
	103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Bedafell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 14.4 Km Height 735 m

Control	Code	Grid Reference	Description	Close
Start	100	317 056	Start Day 1	
1	104	316 072	Ruin	
2	105	287 078	Tarn N Side	
3	106	273 076	Knoll	
4	107	267 089	Tarn	
5	108	279 104	Crag W End	
6	109	307 111	Tarn Edge SW Corner	
7	110	313 118	Bridge	
8	102	322 127	Finish Day 1	

Course closes at 20:00 hours

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## Bedafell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 16.1 Km Height 915 m

Control	Code	Grid Reference	Description	Close
Start	101	318 125	Start Day 2	
1	111	305 122	Knoll Summit East Side	10:45
2	112	286 107	Knoll	11:15
3	113	286 091	Tarn North East Most	12:00
4	114	260 073	Stream Bend	13:00
5	115	275 056	Track Junction	14:45
6	117	301 050	Lingmoor Tarn South End	
7	169	305 041	Ruin	
8	130	312 041	Gate/ Stile	
Follow tapes 1000 m to Finish at				
	103	314 050	Finish Day 2 – Event Centre	

Course closes at 16:00 hours

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