

Klets

2 Day

ALL controls must be visited in ANY order,

Check code numbers to avoid disqualification.

Control	Grid Reference	Description	Close
100	181 104	Start Day 1	
101	090 076	Start Day 2	
102	090 076	Finish Day 1	18:00
103	186 088	Finish Day 2	14:00
108	088 090	Forest Track Junction	10:00
134	091 107	Stream Junction, Northwest	10:00
124	100 068	Forest Track Junction	10:00
159	119 065	Sheepfold South West Side	11:00
138	126 078	Stream Junction, Western	11:00
121	127 095	Waterfall, Northernmost, Foot	
151	138 065	2m Cairn	
111	139 084	Seatallan Cairn	
131	144 033	Gully Bend 225m	
122	147 076	Tarn, Northmost inflow	11:30
112	152 099	Sheepfold North East Corner	
107	154 086	Stream Junction	
128	159 102	Tarn, South Side East End	
104	168 117	Wind Gap Col	
135	169 089	Stream Junction	
153	177 034	Knoll Top, South Side	
118	186 118	Knoll, North Side	
115	193 074	Sheepfold	
148	199 047	Sheepfold	
158	214 110	Gully 675m	
127	216 090	Stream Junction	

Course closes at 18:00 hours on Saturday

Course closes at 14:00 hours on Sunday

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Scafell

Day 1

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Scafell

Day 2

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 28.7 Km Height 1915 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	157	211 125	Stream Junction	
2	116	228 095	Tarn, Northernmost End	
3	148	199 047	Sheepfold	
4	156	198 031	Reentrant, Eastern	17:00
5	131	144 033	Gully Bend 225m	
6	123	134 063	Reentrant	19:00
7	138	126 078	Stream Junction, Western	
8	124	100 068	Forest Track Junction	
	102	090 076	Finish Day 1	20:00

Course closes at 20:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Distance 21.9 Km Height 890 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	134	091 107	Stream Junction, Northwest	
2	133	103 126	Stream Junction	
3	126	106 113	Stream Bend, Northern	
4	151	138 065	2m Cairn	
5	125	149 100	Stream Bend, Southwestmost	
6	140	156 110	Stream Bend	
7	135	169 089	Stream Junction	
8	117	183 083	Gate	
	103	186 088	Finish Day 2	16:00

Course closes at 16:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Bowfell

Day 1

All controls must be visited in the order given.

Check code numbers to avoid disqualification.

Distance 24.8 Km Height 1490 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	142	199 114	Spur	
2	116	228 095	Tarn, Northernmost End	
3	145	207 077	Stream Bend, Southeastmost	15:00
4	105	197 047	Stream Junction	16:00
5	131	144 033	Gully Bend 225m	
6	123	134 063	Reentrant	19:00
7	124	100 068	Forest Track Junction	
	102	090 076	Finish Day 1	20:00

Course closes at 20:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Bowfell

Day 2

All controls must be visited in the order given.

Check code numbers to avoid disqualification.

Distance 18.0 Km Height 1075 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	149	094 116	Stream Bend, Eastmost	
2	114	102 110	Upper Reentrant	12:00
3	150	108 096	Stream Junction	12:30
4	132	159 088	Small Tarn, Southwest End	
5	140	156 110	Stream Bend	
6	130	177 105	Sheepfold (boulder)	
	103	186 088	Finish Day 2	16:00

Course closes at 16:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Kirkfell

Day 1

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 23.1 Km Height 1395 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	155	182 109	Reentrant, Southeastmost	
2	158	214 110	Gully 675m	
3	127	216 090	Stream Junction	
4	145	207 077	Stream Bend, Southeastmost	15:00
5	148	199 047	Sheepfold	
6	131	144 033	Gully Bend 225m	
7	110	119 060	Wall Bend	19:00
8	102	090 076	Finish Day 1	20:00

Course closes at 20:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Kirkfell

Day 2

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 19.2 Km Height 1025 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	137	097 097	Stream Bend	
2	150	108 096	Stream Junction	12:30
3	151	138 065	2m Cairn	
4	132	159 088	Small Tarn, Southwest End	
5	128	159 102	Tarn, South Side East End	
6	104	168 117	Wind Gap Col	
7	118	186 118	Knoll, North Side	
8	130	177 105	Sheepfold (boulder)	
	103	186 088	Finish Day 2	16:00

Course closes at 16:00 hours

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Carrock Fell

Day 1

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 21.7 Km Height 1145 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	130	177 105	Sheepfold (boulder)	
2	141	177 077	Stream Bend	
3	135	169 089	Stream Junction	
4	128	159 102	Tarn, South Side East End	
5	111	139 084	Seatallan Cairn	
6	122	147 076	Tarn, Northmost inflow	
7	151	138 065	2m Cairn	
8	126	106 113	Stream Bend, Northern	
9	137	097 097	Stream Bend	
10	108	088 090	Forest Track Junction	
	102	090 076	Finish Day 1	20:00

Course closes at 20:00 hours

Carrock Fell

Day 2

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 18.3 Km Height 765 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	124	100 068	Forest Track Junction	
2	159	119 065	Sheepfold South West Side	
3	144	133 064	Cairn	
4	131	144 033	Gully Bend 225m	
5	147	161 039	Stream Junction	14:00
6	153	177 034	Knoll Top, South Side	
7	148	199 047	Sheepfold	
8	115	193 074	Sheepfold	
9	154	189 082	Bridge, East End	
	103	186 088	Finish Day 2	16:00

Course closes at 16:00 hours

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Harter Fell

Day 1

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 16.5 Km Height 805 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	130	177 105	Sheepfold (boulder)	
2	152	173 096	Tarn DoreHead	
3	113	164 077	Wall Corner	
4	107	154 086	Stream Junction	
5	125	149 100	Stream Bend, Southwestmost	
6	111	139 084	Seatallan Cairn	
7	122	147 076	Tarn, Northmost inflow	
8	144	133 064	Cairn	
9	106	103 058	Forest Track Junction	
10	102	090 076	Finish Day 1	

Course closes at 20:00 hours

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Wansfell

Day 1

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 14.6 Km Height 995 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	155	182 109	Reentrant, Southeastmost	
2	118	186 118	Knoll, North Side	
3	104	168 117	Wind Gap Col	
4	140	156 110	Stream Bend	
5	128	159 102	Tarn, South Side East End	

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Harter Fell

Day 2

All controls must be visited in the order given.
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Distance 17.7 Km Height 830 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	108	088 090	Forest Track Junction	
2	137	097 097	Stream Bend	
3	114	102 110	Upper Reentrant	12:00
4	121	127 095	Waterfall, Northernmost, Foot	
5	143	135 097	Sheepfold, South Side	
6	128	159 102	Tarn, South Side East End	
7	140	156 110	Stream Bend	
8	104	168 117	Wind Gap Col	
9	118	186 118	Knoll, North Side	
10	130	177 105	Sheepfold (boulder)	
	103	186 088	Finish Day 2	16:00

Course closes at 16:00 hours

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Wansfell

Day 2

All controls must be visited in the order given.
Check code numbers to avoid disqualification.

Distance 15.2 Km Height 585 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	109	097 071	Bridge, Northwest End	
2	106	103 058	Forest Track Junction	
3	144	133 064	Cairn	
4	111	139 084	Seatallan Cairn	
5	125	149 100	Stream Bend, Southwestmost	

6	136	144 091	Tarn, southwesternmost, West End
7	143	135 097	Sheepfold, South Side
8	121	127 095	Waterfall, Northernmost, Foot
9	108	088 090	Forest Track Junction
	102	090 076	Finish Day 1

6	112	152 099	Sheepfold North East Corner
7	107	154 086	Stream Junction
8	113	164 077	Wall Corner
9	129	174 074	Crag, West Foot
10	117	183 083	Gate
	103	186 088	Finish Day 2

Course closes at 20:00 hours

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Course closes at 16:00 hours

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Bedafell Day 1

All controls must be visited in the order given.

Check code numbers to avoid disqualification.

Distance 14.6 Km Height 995 m

Control	Code	Grid Reference	Description	Close
Start	100	181 104	Start Day 1	
1	155	182 109	Reentrant, Southeastmost	
2	118	186 118	Knoll, North Side	
3	104	168 117	Wind Gap Col	
4	140	156 110	Stream Bend	
5	128	159 102	Tarn, South Side East End	
6	136	144 091	Tarn, southwesternmost, West End	
7	143	135 097	Sheepfold, South Side	
8	121	127 095	Waterfall, Northernmost, Foot	
9	108	088 090	Forest Track Junction	
	102	090 076	Finish Day 1	

Course closes at 20:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

Bedafell Day 2

All controls must be visited in the order given.

Check code numbers to avoid disqualification.

Distance 15.2 Km Height 585 m

Control	Code	Grid Reference	Description	Close
Start	101	090 076	Start Day 2	
1	109	097 071	Bridge, Northwest End	
2	106	103 058	Forest Track Junction	
3	144	133 064	Cairn	
4	111	139 084	Seatallan Cairn	
5	125	149 100	Stream Bend, Southwestmost	
6	112	152 099	Sheepfold North East Corner	
7	107	154 086	Stream Junction	
8	113	164 077	Wall Corner	
9	129	174 074	Crag, West Foot	
10	117	183 083	Gate	
	103	186 088	Finish Day 2	

Course closes at 16:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING