

# Klets

## Day 1

ALL controls must be visited in ANY order.

Check code numbers to avoid disqualification.

Control	Grid Reference	Description	Close
Distance 23.0 Km Height 1705 m			
100	275 947	Stile	
119	261 957	Northern stream, bend	
137	266 961	Boulder, 3x5x2m. E side	
142	252 981	Stream bend, (525m contour)	
113	274 989	Hill, SW side	
146	262 007	SE boulder, 4x4x3m. N side	
133	257 007	Ruined wall, SE end	
130	274 035	NE Re-entrant	
145	278 034	Hill top, N side	
120	280 024	Hill N Side	
126	288 022	Hill, N side	
105	278 017	N boulder(2metres), S side	
114	282 000	Hill top, N end	
116	293 995	Small hill, NW side	
143	302 016	Gate	
Follow taped route			
101	308 014		20:00

Course closes at 20:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

# Pillar

## Day 1

ALL controls must be visited in ANY order.

Check code numbers to avoid disqualification.

Control	Grid Reference	Description	Close
Distance 18.0 Km Height 1705			
100	275 947	Stile	
137	266 961	Boulder, 3x5x2m. E side	
125	255 976	Spur, SW foot	
147	259 983	Hill	
134	262 998	Tarn , between hills	
117	248 998	Crag Foot, 6m, S side	
146	262 007	SE boulder, 4x4x3m. N side	
129	288 990	Tower, SW side	
126	288 022	Hill, N side	

# Klets

## Day 2

ALL controls must be visited in ANY order.

Check code numbers to avoid disqualification.

Control	Grid Reference	Description	Close
Distance 17.5 Km Height 220 m			
102	304 012	Track/ Path Junction	
129	288 990	Tower, SW side	
138	266 011	Crag, NW foot	
134	262 998	Tarn , between hills	
125	255 976	Spur, SW foot	
141	271 968	Ruin, E side	14:30
127	278 969	Stream bend	14:30
111	261 952	West Hill, west foot	15:15
115	268 954	Between crags	15:15
131	269 947	Small Quarry	
136	275 947	Stile	
Follow taped route			
103	281 942		16:00

Course closes at 16:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

# Pillar

## Day 2

ALL controls must be visited in ANY order.

Check code numbers to avoid disqualification.

Control	Grid Reference	Description	Close
Distance 13.5 Km Height 1200 m			
102	304 012	Track/ Path Junction	
107	297 000	NE Boulder, 4x4x3m	
121	295 008	Stream junction	
112	286 015	Mine level	
114	282 000	Hill top, N end	
113	274 989	Hill, SW side	13:00
141	271 968	Ruin, E side	14:30
111	261 952	West Hill, west foot	15:15
115	268 954	Between crags	15:15
131	269 947	Small Quarry	

143 302 016 Gate  
**Follow taped route**  
 101 308 014 20:00

Course closes at 20:00 hours  
 YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

136 275 947 Stile  
**Follow taped route**  
 103 281 942 0 16:00

Course closes at 16:00 hours  
 YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Bowfell

### Day 1

All controls must be visited in the order given.  
 Check code numbers to avoid disqualification.

Distance 26.2 Km Height 1790 m

Control	Code	Grid Reference	Description	Close
Start	100	275 947	Stile	
1	131	269 947	Small Quarry	
2	113	274 989	Hill, SW side	
3	117	248 998	Crag Foot, 6m, S side	
4	132	243 991	Hill, SW side	
5	124	240 988	Gate, E side	
6	123	235 992	Stile, S side	
<b>Follow marked route on map</b>				
7	110	232 999	Hill, western foot	
8	106	228 008	Gate	
<b>Follow marked route on map</b>				
9	128	232 025	Middle Re-entrant	
10	108	239 043	Stream junction	
11	109	253 030	Crag foot (10m)	
12	130	274 035	NE Re-entrant	
13	144	300 013	Hill top	
14	143	302 016	Gate	
<b>Follow taped route</b>				
Finish	101	308 014		20:00

Course closes at 20:00 hours  
 YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Kirkfell

### Day 1

All controls must be visited in the order given.  
 Check code numbers to avoid disqualification.

Distance 20.6 Km Height 1490 m

Control	Code	Grid Reference	Description	Close
Start	100	275 947	Stile	
1	111	261 952	West Hill, west foot	

## Bowfell

### Day 2

All controls must be visited in the order given.  
 Check code numbers to avoid disqualification.

Distance 15.2 Km Height 1160 m

Control	Code	Grid Reference	Description	Close
Start	102	304 012	Track/ Path Junction	
1	121	295 008	Stream junction	
2	116	293 995	Small hill, NW side	10:30
3	146	262 007	SE boulder, 4x4x3m. N side	12:00
4	118	247 989	Spur, SE side	13:00
5	127	278 969	Stream bend	14:30
6	115	268 954	Between crags	15:15
7	136	275 947	Stile	
<b>Follow taped route</b>				
Finish	103	281 942		0 16:00

Course closes at 16:00 hours  
 YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Kirkfell

### Day 2

All controls must be visited in the order given.  
 Check code numbers to avoid disqualification.

Distance 15.4 Km Height 1175 m

Control	Code	Grid Reference	Description	Close
Start	102	304 012	Track/ Path Junction	
1	122	300 016	Re-entrant	10:30

2	142	252 981	Stream bend, (525m contour)
3	118	247 989	Spur, SE side
4	124	240 988	Gate, E side
5	123	235 992	Stile, S side

**Follow marked route on map**

6	104	233 999	Saddle, NW part
7	106	228 008	Gate

**Follow marked route on map**

8	139	235 025	Tarn
9	108	239 043	Stream junction
10	145	278 034	Hill top, N side
11	112	286 015	Mine level
12	143	302 016	Gate

**Follow taped route**

Finish	101	308 014	20:00
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Course closes at 20:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

2	116	293 995	Small hill, NW side	11:00
3	134	262 998	Tarn , between hills	12:00
4	125	255 976	Spur, SW foot	12:45
5	141	271 968	Ruin, E side	14:30
6	135	262 947	Ruin (kiln)	
7	136	275 947	Stile	

**Follow taped route**

Finish	103	281 942	16:00
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Course closes at 16:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

## Carrock Fell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 16.0 Km Height 1330 m

Control	Code	Grid Reference	Description	Close
Start	100	275 947	Stile	
1	115	268 954	Between crags	
2	134	262 998	Tarn , between hills	
3	117	248 998	Crag Foot, 6m, S side	
4	125	255 976	Spur, SW foot	
5	121	295 008	Stream junction	
6	122	300 016	Re-entrant	
7	143	302 016	Gate	
<b>Follow taped route</b>				
Finish	101	308 014	20:00	

Course closes at 20:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

## Carrock Fell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 14.5 Km Height 1010 m

Control	Code	Grid Reference	Description	Close
Start	102	304 012	Track/ Path Junction	
1	146	262 007	SE boulder, 4x4x3m. N side	12:00
2	132	243 991	Hill, SW side	13:00
3	141	271 968	Ruin, E side	14:30
4	111	261 952	West Hill, west foot	15:15
5	136	275 947	Stile	
<b>Follow taped route</b>				
Finish	103	281 942	16:00	

Course closes at 16:00 hours

**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

## Harter Fell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 13.8 Km Height 1170 m

Control	Code	Grid Reference	Description	Close
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## Harter Fell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 13.0 Km Height 1100 m

Control	Code	Grid Reference	Description	Close
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Start	100	275 947	Stile	
1	137	266 961	Boulder, 3x5x2m. E side	
2	117	248 998	Crag Foot, 6m, S side	
3	133	257 007	Ruined wall, SE end	
4	114	282 000	Hill top, N end	
5	116	293 995	Small hill, NW side	
6	144	300 013	Hill top	
7	143	302 016	Gate	
<b>Follow taped route</b>				
Finish	101	308 014		0 20:00

Course closes at 20:00 hours  
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Start	102	304 012	Track/ Path Junction	
1	105	278 017	N boulder(2metres), S side	10:30
2	138	266 011	Crag, NW foot	11:30
3	113	274 989	Hill, SW side	13:00
4	140	255 971	Stream junction	14:00
5	119	261 957	Northern stream, bend	15:00
6	136	275 947	Stile	
<b>Follow taped route</b>				
Finish	103	281 942		16:00

Course closes at 16:00 hours  
YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Wansfell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 14.2 Km Height 1130 m

Control	Code	Grid Reference	Description	Close
Start	100	275 947	Stile	
1	119	261 957	Northern stream, bend	
2	141	271 968	Ruin, E side	
3	127	278 969	Stream bend	
4	129	288 990	Tower, SW side	
5	138	266 011	Crag, NW foot	
6	120	280 024	Hill N Side	
7	122	300 016	Re-entrant	
8	143	302 016	Gate	
<b>Follow taped route</b>				
Finish	101	308 014		20:00

Course closes at 20:00 hours  
YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Wansfell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 12.9 Km Height 940 m

Control	Code	Grid Reference	Description	Close
Start	102	304 012	Track/ Path Junction	
1	126	288 022	Hill, N side	10:00
2	133	257 007	Ruined wall, SE end	12:00
3	140	255 971	Stream junction	14:00
4	115	268 954	Between crags	15:15
5	136	275 947	Stile	
<b>Follow taped route</b>				
Finish	103	281 942		16:00

Course closes at 16:00 hours  
YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING

## Bedafell

### Day 1

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 14.2 Km Height 1130 m

Control	Code	Grid Reference	Description	Close
Start	100	275 947	Stile	
1	119	261 957	Northern stream, bend	
2	141	271 968	Ruin, E side	
3	127	278 969	Stream bend	
4	129	288 990	Tower, SW side	

## Bedafell

### Day 2

All controls must be visited in the order given.  
Check code numbers to avoid disqualification.

Distance 12.9 Km Height 940 m

Control	Code	Grid Reference	Description	Close
Start	102	304 012	Track/ Path Junction	
1	126	288 022	Hill, N side	10:00
2	133	257 007	Ruined wall, SE end	12:00
3	140	255 971	Stream junction	14:00
4	115	268 954	Between crags	15:15

5 138 266 011 Crag, NW foot  
6 120 280 024 Hill N Side  
7 122 300 016 Re-entrant  
8 143 302 016 Gate

**Follow taped route**

Finish 101 308 014 20:00

**Course closes at 16:00 hours**  
**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**

5 136 275 947 Stile  
**Follow taped route**  
Finish 103 281 942

16:00

**Course closes at 16:00 hours**  
**YOU MUST BE BACK BEFORE THEN EVEN IF THIS MEANS RETIRING**