



**Saunders Lakeland Mountain Marathon**

**Sunday 5<sup>th</sup> July Post Race Menu**

**Chilli Con Carne with steamed rice  
Topped with grated cheddar and fresh coriander**

**Vegetarian Chilli with steamed rice  
Topped with grated cheddar and fresh coriander**

**Slice of carrot cake**

**Tea or coffee**